



## Every Pound of Clover Hill Butter is Printed at the Churn

YOU may not realize how much this means. It means that *never*, under any conditions or for any reason whatsoever, is "Clover Hill" Butter shipped to anybody to be printed and packed wherever anybody might choose to print and pack it.

This cannot be said of most so-called fancy creamery butter. There are cellar brands here and in every other city in America that are marketed without the protection of the consumer ever entering into consideration by the packer.

Some of these cellar brands are shipped from comparatively hygienic creameries from creameries where reasonable care is taken in the manufacture of the butter—but when this butter comes to its cellar destination every safeguard that may have been put around it in its making is discounted a hundred times by the bankers put around it by its packing. Subjected to contaminating surroundings, held until needed for the market, then molded into round rolls, it is sent forth to the grocery and to you in the marketplace of its pretty package. Other cellar brands, with the same sort of masquerade, come from sources of manufacture almost as nearly unknown as their cellar destinations.

"Clover Hill" Butter, fresh, pure, sweet and clean, is printed at the churn, every pound of it, *printed in the same airy, sunny rooms where it is made*, and there wrapped in odorproof parchment and packed in moisture-proof carton.

This is the way it comes to you within three to five days after it is made, guaranteed by the biggest butter makers in the world, the most responsible butter makers, as the best butter that ever went on your table.

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Washington Gas Light Co.,  
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## HINTS TO Women Readers

CHILD'S FROCK OF BATISTE.



The airy frock of French batiste designed for a girl of six or so which is presented today is one of the prettiest of many ravishing examples of fine needlework which are displayed nowadays in the children's shops. The quaint short waist has a most unusual and artistic design of daisies. The skirt is tucked into the waist in groups of narrow tucks, the plain space between the groups being equal to their width, and under these clusters a sash of blue liberty is run. The short, puffed sleeves are finished with a cuff which follows out this idea. The skirt is finished by a lace edged ruffle.

### Preparing Sauces.

Comparatively few cooks—good ones, too—excel in sauce making. Yet there is no part of the cookery more important, especially if one is of an economical turn, with a fondness for using up ends of cold meat, fowl or fish.

The French are the best sauce makers, and their sauces always have a distinctive flavor, secured by varied seasonings little used by the average American cook. Chives, chervil, garlic, Parmesan cheese, onions, bay leaf, peppers, dried herbs, catsup, tabasco, tarragon vinegar, spices, mushrooms, paprika, bottled sauces, all play their part.

The chief difficulty with the novice is overdoing. An overpowering taste of garlic, a dash too much of tabasco, too free a hand with herbs, and a sauce is ruined. Everything must be so blended as to make it impossible to detect just what flavoring is used.

The best sauce makers do not measure. They experiment, using pinches of this or that, according to taste. This is perilous for the beginner, who should get a good recipe and stick to it. Any cookbook gives rules classified for pudding, meat, fish or vegetable sauces.

The first is usually sweet or flavored with wine; the others generally have as a foundation a cream sauce or drawn butter.

It is in making these last that so many cooks slip up. For cream sauce heat the milk separately, putting the seasoning into it. The thickening of butter and flour may be rubbed together until creamy, then add a little hot milk until it pours easily into the boiling milk. Stir until thickened. In this way lumpiness is avoided.

If a sauce is not smooth when finished run it through a fine sieve. Some cooks get better results by heating the butter, then adding the flour, lastly the milk. Sauces are less apt to be lumpy if taken from the fire while thickening is being added.

Drawn butter must be carefully made. Heat two-thirds of the butter in a skillet, add the flour and stir until it bubbles but does not brown. Water is then gradually stirred in, the mixture boils. Season well. Remove from stove, stir in rest of butter, which has been cut into small pieces. If necessary, strain and serve immediately.

As it is important to keep sauces hot but not boiling until the ingredients with which they are to be mixed are ready, there should be a small double boiler kept especially for sauce making. This prevents burning and keeps the mixture moist a long time.

The adding of a stock to both brown and white sauces makes them much richer. Bits of meat left from steaks and roasts, bones of poultry and meat should be added to the stock pot. This does nicely for the sauce if not for a rich soup.

Brown sauces have for foundation brown stock and browned butter and flour. If not dark enough, it can be colored with caramel or roux. The careful cook keeps on hand bottled caramel. It is made by cooking a quarter of a pound of granulated sugar in a saucepan until a dark brown, stirring constantly; add a pint of cold water, draw to one side and let it simmer for a quarter of an hour, strain and bottle. A few drops are added to soups and sauces.

Roux is nothing but the thickening of sauce. It is made of brown and white. For the former, melt butter slowly, add flour, stir constantly until brown. Cool a few minutes, then stir in the stock, return to the fire and stir until it boils.

For fish, mayonnaise and Hollandaise sauces are often the bases with various ingredients, as sardines, capers, anchovies or shrimps, added. Both white and brown sauces are changed by adding tomatoes, olives, cheese, port wine, sherry, lemon, oranges, horseradish, mint, or any desired flavor.

A little understood sauce is maitre d'hotel butter. It is made from one tablespoonful each of butter, chopped parsley and lemon juice, with one-half teaspoonful of salt and one-half teaspoonful of pepper. Rub butter to a cream, add lemon juice, parsley, salt and pepper, stirring until smooth. Spread over top of boiled fish or beefsteak.

A sauce made of melted butter, parsley and lemon improves poached eggs.

### Caring for Eyeglasses.

Most people seem to think that glasses will stand any sort of treatment, and yank and pull at them until they go to the repair shop with alarming frequency. Glasses should never be taken off with one hand. An optician advises that they be carefully grasped by the rims of the temples on both sides and removed by pushing upward. Pulling at one side of spectacles bends the frame; with nose glasses it loosens the screw, and the lens shakes continually. Sometimes the happens in spite of care, and then it is well to purchase one of the tiny screw-drivers used by opticians and tighten them whenever necessary.

Clean your glasses with some soft material—a piece of common tissue paper is better than any medium yet invented—and occasionally give them a bath in warm water into which a little ammonia has been dropped.

Almost spectacular are the evening gowns designed for the coming winter by the great fashion artists of Paris in their resemblance to the draperies worn by the Roman matrons and maids of centuries.

### The Maid's Duties.

The actual amount of time given to a maid for her own enjoyment differs according to the place in which she lives and the number of servants employed in the household. In the country more time is given a maid, save in large households, where formal living prevails. But when there is only a general servant, or cook and one maid, they are supposed to have for themselves evenings except on occasions when the mistress entertains. At such times they are on duty.

In the country a woman employing one or two servants gives them one day a month in which to go to town. On this day out each girl leaves the house directly after breakfast and doesn't return until late in the evening. Both maids do not go to town on the same day. In the absence of the maid, the cook washes the dishes. Whether or not she sets the table, and clears it, depends largely upon the individual cook and her employer. Some cooks will act as maids when occasion demands, but other cooks refuse on the ground that they are not dressed to go into the dining room. The cook does no chamber work in the maid's absence.

When the cook takes her day off the maid is expected to serve the meals, the food having been previously prepared for the stove. On such days the employer usually relaxes the dining room work, as few maids can both cook and serve a meal.

If a general servant is employed in the country, she too has one day month, and if the place in which she lives is far from the city she is given the night also, in order that she may enjoy the evening. In such cases she is supposed to be back for work the following morning.

It has become a general custom in town, where one or two servants are hired, to give each girl every other Thursday afternoon and evening. The maids alternate these holidays, so the household work is done as usual.

Servants in the city are expected to be on call in the evening—that is, one who is expected to be ready to get dinner, and has one afternoon a week to go out. On such an occasion she must be back to prepare dinner. A woman who works in this capacity in town never opens the front door. The maids alternate this task in the evening.

If two maids are kept, and living is formal, the cook has one evening a month in which she is not required to get dinner, and has one afternoon a week to go out. On such an occasion she must be back to prepare dinner. A woman who works in this capacity in town never opens the front door. The maids alternate this task in the evening.

Maid's are not expected to do heavy or dirty work in the afternoon. Whether one or more are kept, they are to be dressed, ready to appear at the door if required.

The second maid answers the door bell while the parlor maid is dressing in the afternoon.

Maid's have no stated hours to themselves on the days when they are on duty, but a considerate employer generally ranges work so that duties will be easy in the afternoon, and by this plan maids have a little time for their own mending and other personal matters.

Their afternoons off are precisely like the cook's. ROSENA SCHUYLER

### Sewing Notes.

The gumpie of plain sheer tulle or net is more frequently used than that of tucks. The yoke is extremely shallow, and the clear flesh tint is the usual color.

A dainty little workbag, just fitted to hold the embroidered collars and belts and other paraphernalia of the summer piazza, is of figured lawn, over a lining of light blue silk. China goods make a good lining, by the way, for bags, and are to hold embroidery silk's and other things which might be likely to catch upon rougher fabrics. On each side of the bag is run a semicircle of lace insertion, bordered with a shirring of blue baby ribbon. The embroidery is done in blue.

The use of a knot is to be avoided in sewing and not to be tolerated in embroidery. The accomplished needle woman rarely finds it necessary to start with a knot, save in gathering or basting. Sometimes a tiny one is slipped under a hem, but it will still show on the right side if material is sheer and makes an ugly lump in ironing. Two or three over and over stitches taken on wrong side of material is as secure as a knot and much more slightly. In embroidery there is no excuse for a knot, and three tiny stitches taken on outline or in body of work, where it is afterward covered will hold any stitches. Knots only tend to an ugly wrong side of material, and a broderer will tolerate and make the work rough in laundering.

### Nervous Women.

Recently I received a large number of letters from young girls who declare they are so nervous when among strangers that their feelings are almost unbearable.

My answers to them personally have been unsatisfactory, I fear, because, unfortunately, no rules as to overcoming such misfortune can be definitely stated.

And yet I think if nervous, sensitive girls will concentrate their wills in an endeavor to control this trouble it will disappear. The more a girl yields to it the worse the condition, I am sure.

The first effort for a girl so affected to make is to realize that she is not as con-

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BEAUTIFUL ISABELLA FOX FUR SETS; CHOICE OF pillow and rug muffs; heavy pelterine scarf. Value is \$25. We put them on sale a day at...	\$15.00
BLACK CONEY FUR SETS, WITH RUG MUFF and shawl collar; 6 natural tails. The set sells at \$15. For tomorrow's sale reduced to...	\$10.00
BROWN SABLE CONEY FUR SETS, INCLUDING BLACK Sable Coney Sets; pillow muffs; large Russian shawl collars. A wonderful one-day bargain at...	\$24.98
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BROWN SABLE FOX FUR SETS; CHOICE OF EITHER round muff or rug muff, with heads and tails; large collarette; rich and lustrous. Value is \$25. Tomorrow's price...	\$15.00
BEST GRADE SABLE CONEY COATS, IN THE 52-INCH length; brown or black; best guaranteed satin lining; a beautiful garment. Value \$80. For the one-day sale at...	\$39.50
FINEST LEIPZIG-DYED PONYSKIN COATS, IN THE 52-INCH length; rich and elegant fur; beautifully lined. The value is \$80. This is one of the sale's best offerings at...	\$59.50
FINEST SABLE CONEY COATS; BLACK AND BROWN; heavy, lustrous fur; guaranteed lining; 52 inches long. A big one-day bargain at...	\$49.50



## HOSIERY, UNDERWEAR

WOMEN'S FINE-GRADE GAUZE Lisle Hose; in black and most-wanted colors. For tomorrow's sale...	14c
WOMEN'S BLACK SILK HOSE; every pair fully guaranteed; warranted all silk; value, \$1.50. One-day price...	\$1.00
MEN'S FINE-GRAD Lisle Hose; in black and wanted colors. Six pairs in a fancy box tomorrow...	\$1.00
MEN'S FINE-GRAD Lisle Hose; in black and colors. Sold usually at 50c. For tomorrow's sale...	35c
MEN'S Lisle Thread Hose; in all colors. Sold always at 25c. For tomorrow's sale reduced to...	14c
WOMEN'S EXTRA SIZE VESTS AND pants; perfectly made garments. Sell at 35c. For tomorrow's sale...	35c
MEN'S HEAVY FLEECE-LINED Shirts and Drawers; all sizes; sold usually at 50c. Sale price...	38c
CHILDREN'S RIBBED VESTS AND Pants; sold at 25c by all stores. For tomorrow's sale reduced to...	17c
CHILDREN'S RIBBED VESTS AND Pants; in all sizes. The price usually is 35c. For the one-day sale...	25c
CHILDREN'S BLEACHED UNION Suits, in all sizes. Sold regularly at 50c. For the one-day sale...	39c

slipshod as she thinks. Nervous girls are always self-conscious and frequently think themselves the center of attention when often they are not noticed, or would be but slightly did they not attract attention to themselves by their peculiar actions and awkwardness. The latter is always part of extreme nervousness.

Once upon a time I employed a competent waitress who was always uneasy when there were guests at the table. Questioning her for the reason of her evident discomposure, I found that she thought the strangers noticed her entrances and exits, and this idea embarrassed her. I finally convinced her that the guests probably thought nothing of her, and after a few months she began to realize the truth of my statement, and to realize that she was always uneasy as a result was serene and natural.

If nervous girls would feel, when among their social equals, that they were unnoticed, I am sure this shyness would leave them.

If a girl behaves naturally she will have no trouble. The matter really resolves itself into a firm mandate: "Forget yourself." And once a girl does forget herself she will be happy among strangers.

Extreme nervousness among young girls may have its beginning in lack of physical strength, and if such is the case

they must be fed and must take healthful exercise.

It is useless to keep away from strangers—which is the natural inclination of nervous persons—for habits of solitude will only make a shy girl doubly so. Therefore, courage is to be summoned and a point made of going to places where there are strangers. For only then will strangers cease to cause terror.

MARGARET MIXTER.

### Preserving Cut Flowers.

Cut flowers will keep three times as long as they otherwise would if a few simple precautions are observed in their care. Always take off the string or wire with which they are bound, unless it is inserted through their stems—a barbarous custom to any flower lover. Do not crowd too many in a vase; rather utilize pitchers and fingerbowls than give the appearance of one of the tightly packed "pots" of the seventies.

Really the Japanese custom of just one or two flowers in a vase is the prettiest, especially if they are large and distinct

in form. Put a pinch of salt in the water and change it daily. Finally, char the ends of each stem with the fire from a piece of wood—not a match, for the phosphorus is bad for the flowers—and never, never touch a pair of scissors to them.

### Ginger Pears.

Allow five pounds of sugar to seven pounds of pears. Soak one ounce of green ginger over night in two cups of water. Peel the pears and cut in small pieces. Make a sirup of the sugar and the water in which the ginger was soaked, add the ginger, cut in small pieces. Put in the sliced pears, cook slowly four hours, when the sirup should be dark and rich.

The shirt waist ring proper is made of a matrix and costs little. The turquoise ones, with a strong green coloring, are admired, and ones, artificially colored, has gained a good place.

The long protective palette is again in evidence, in ribbed silk, satin and velvet, often trimmed with a narrow band of fur down either front and along the lower edge in the "old-time" way.

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